



BREAKFAST MENU

— Farm to Table —

OMELETS

Served with our seasoned house made home fries and your choice of wheat, white or rye toast. Choose a English muffin or bagel for 1.

PENGUIN HAM & CHEESE

A classic! This omelet is loaded with oven baked ham and American cheese. **GF** 11.

Make it a Western - add sautéed green peppers & onions 1.

BALTIMORE

This omelet is loaded with Maryland lump crab meat, sautéed diced tomato and baby Swiss cheese. A Bethany Beach favorite! **GF** 17.

OLYMPIC GREEK OMELET

We are told that this is the best Greek omelet around! Sautéed fresh spinach, diced tomatoes, Kalamata and black olives with melted Feta cheese. **GF** 12.

SPINACH, MUSHROOM & SWISS

Locally sourced fresh spinach and sautéed mushrooms with melted mild baby Swiss cheese. **GF** 11.

JEN'S SALMON CRAVING

Salmon lovers unite! Beautiful, fresh salmon, Vermont white cheddar, sautéed onions and vine-ripened tomatoes all wrapped up in a fabulous omelet. 15.

STARTERS

KATIE'S PENGUIN PARFAIT

Heart healthy! Delicious and nutritious low fat vanilla yogurt layered with our house made granola and fresh seasonal fruit. 7.

NUTELLA DELIGHTS

Our delicious Brioche bread stuffed with Nutella and bananas, dipped in our special batter and grilled to a golden brown. 7.

THICK CUT MAPLE GLAZED BACON

A delicious way to whet your appetite. Thick cut applewood smoked bacon glazed with Vermont maple syrup. **GF** 8.

Is it 9am?

Time for a bloody mary or maybe a mimosa!!



BREAKFAST ENTREES



EGG WHITE WRAP

A healthy start to your day! Guilt free egg whites infused with fresh herbs, grilled fresh spinach and mushrooms wrapped in a whole wheat tortilla. 10.

Add cheese 2.

Add bacon, scrapple, sausage or ham 3.

FRENCH TOAST

The best French toast this side of the Assawoman Bay. Two pieces of bakery thick Brioche bread dipped in our house made batter and grilled to a golden brown. Served with warm Vermont Maple Syrup. 12.

Granola encrusted french toast 1.

FRENCH TOAST COMBO

Fresh bakery Brioche French toast, two eggs any style and bacon. Served with warm Vermont maple syrup. 12.

HUEVOS RANCHEROS

Crisp corn tortillas topped with house made black bean mash, Mexican Chorizo sausage and finished with two fresh eggs done your way. Served with a dolop of herb infused creme fraiche. **GF** 12.

FRESH MARYLAND JUMBO CRAB CAKE & EGG

Baltimore style crab cake topped with an over easy egg and melted baby Swiss on a grilled Brioche bun. Served with home fries. 20.

ANDY'S JUMBO BREAKFAST WRAP

Soft flour tortilla packed with home fries, scrambled eggs and Vermont white cheddar cheese. 10.

Add bacon, scrapple sausage or ham. 3.

THE CLASSIC COMBO

Two eggs done your way, choice of bacon, sausage patties, turkey links, scrapple, ham or fresh fruit. Choice of wheat, rye or white toast. Served with home fries. **GF** 10.

Add cheese 2.

PENGUIN PANCAKES

Made plain, with chocolate chips, blueberries or Nutella! Sprinkled with confectioner's sugar and served with warm Vermont Maple Syrup! 10.

Add two eggs. 4.

SUNRISE OVER BETHANY

Two sunnyside eggs over sliced avocado and salsa on toasted wheat bread. Served with a side of fresh fruit. 10.

SIDES

Bacon 4. • Sausage Patties 4. • Turkey Links 4. • Rapa Scrapple 4. • Home Fries 3. • Fries 4.
Sweet Potato Fries & VT Maple Syrup for Dipping 7. • Penguin Chips 4. • Fresh Fruit (seasonal selection) 5.
Short Stack 6.5 • Bagel & Cream Cheese (Fresh Chive or plain) 4.50 • French Toast 6. • Gluten Free Toast 4.



Gluten free bread & rolls available.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.