



## BREAKFAST MENU

### — Farm to Table —

"Our beef is grass fed and no antibiotics ever. Our turkey, chicken and ham are 'No Antibiotics Ever,' 'All-Vegetarian Diet,' 'No Animal By-Products' and 'No Hormones or Steroids Added.' Our produce and fruit, fish and seafood is locally sourced in season where possible. We believe in supporting local small businesses as they support us. We will continue to strive for the purest and freshest ingredients available on the Eastern Shore."

## OMELETS

Served with home fries and your choice of wheat, white or rye toast. Choose a English muffin or bagel for 1. Make any omelet with eggwhites 1.

### BALTIMORE

Lump crab meat, sautéed diced tomato and baby Swiss cheese. A Bethany Beach favorite! **GF** 18.

### PENGUIN HAM & CHEESE

A classic! This omelet is loaded with oven baked ham and American cheese. **GF** 12.

Make it a Western - add sautéed green peppers & onions 1.

### OLYMPIC GREEK OMELET

We are told that this is the best Greek omelet around! Sautéed fresh spinach, diced tomatoes, Kalamata and black olives with melted Feta cheese. **GF** 12.

### SPINACH, MUSHROOM & SWISS

Fresh spinach and sautéed mushrooms with melted mild baby Swiss cheese. **GF** 12.

### Is it 9am?

Time for a bloody mary or maybe a mimosa!!



## STARTERS

### KATIE'S PENGUIN PARFAIT

Heart healthy! Delicious and nutritious low fat vanilla yogurt layered with our cashew granola and fresh seasonal fruit. **GF** 8. (contains nuts)

### NINA'S NUTELLA DELIGHTS

Our delicious Brioche stuffed with Nutella and bananas, dipped in our special batter and grilled to a golden brown. 7.



## BREAKFAST ENTREES



### JEN'S VEGGIE SCRAMBLER

Three eggs scrambled with Vermont cheddar, mushroom, onion, spinach, tomato and green peppers on an open faced English muffin. Served with fresh seasonal fruit. 12.

Add bacon. 3.

Add salmon or crab. 6.

### FRENCH TOAST

The best French toast this side of the Assawoman Bay. Made with thick Brioche bread grilled to a golden brown. Served with warm Vermont Maple Syrup. 12.

Granola encrusted french toast 1. (contains nuts)

### ANDY'S JUMBO BREAKFAST WRAP

Soft flour tortilla packed with home fries, scrambled eggs and Vermont white cheddar cheese. 11.

Add bacon, scrapple, sausage, turkey links or ham. 3.

Add salmon or crab. 6.

### THE CLASSIC COMBO

Two eggs done your way, choice of bacon, sausage patties, turkey links, scrapple, ham or fresh fruit. Choice of wheat, rye or white toast. Served with home fries. **GF** 11.

Add cheese 2.

### FRENCH TOAST COMBO

Fresh bakery Brioche French toast, two eggs any style and bacon. Served with warm Vermont maple syrup. 12.

Granola encrusted french toast 1. (contains nuts)

### LEE LEE'S PANCAKES

Plain, chocolate chip, blueberry or Nutella!

Sprinkled with confectioner's sugar and served with warm Vermont Maple Syrup! 11.

Add two eggs. 4.

### A LONG SUNRISE OVER BETHANY

Two sunnyside eggs over avocado and salsa on toasted wheat bread. Served with fresh fruit. 12.

## SIDES

Bacon 4. • Sausage Patties 4. • Turkey Links 4. • Rapa Scrapple 4. • Home Fries 3. • Fries 4.

Sweet Potato Fries 5. • Penguin Chips 4. • Fresh Fruit (seasonal selection) 5. • Homemade Potato Salad 3.

Short Stack 7. • Bagel & Cream Cheese 4.50 • French Toast 7. • Gluten Free Toast 4.



Gluten free bread & rolls available.

Follow us!



Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

## SHAREABLES

### LITTLE FINGERS

Chicken tenders with your choice of BBQ, Buffalo or Naked. Honey mustard for dipping. **GF** 9.

### GRILLED GARLIC SHRIMP 11.

### BOOSHY'S SPINACH ARTICHOKE DIP

Served with house made corn tortilla chips. 10.

## SANDWICHES & WRAPS

All sandwiches and wraps come with house made Penguin chips. Substitute gluten free bread on any sandwich or gluten free roll on any burger for 2.

### ROBIN'S WRAP

A Bethany favorite! Oven roasted turkey breast with dried cranberries, chunky Granny Smith apples and Brie cheese wrapped in a flour tortilla. 12.

### SALMON BLT

Fresh grilled Salmon, bacon, lettuce and tomato, drizzled with our original basil aioli on a grilled Ciabatta roll. 16.

### CHEESEBURGER WRAP

Prime fresh beef grilled with green pepper, onion, tomato, our basil aioli sauce and American cheese all rolled in a flour wrap. 12.

### VEGGIE EXPLOSION

Cheddar cheese plus sauteed spinach, mushroom, tomato, green pepper, onion and avocado presented on a grilled Brioche bun spread with Basil aioli. 12.

### ALBACORE TUNA MELT

Fresh Albacore tuna on an oversized English muffin, tomato and topped with melted white Vermont cheddar cheese. Yum. 12.

### CHICKEN CAESAR WRAP

Grilled chicken breast, fresh romaine lettuce, grated Parmigiano Reggiano cheese tossed with our house Caesar dressing and folded into a flour wrap. 12.



## BURGER BAR

All burgers are grass fed half pounders and served with house made Penguin chips. Substitute a gluten free bun 2. **GF**

### BETHANY BURGER

Double burger blackened and served on a Brioche bun with avocado, Vermont cheddar and an over easy egg. 16.

### BEANIE'S BURGER

Juicy double burger with lettuce and tomato. Served on a bakery fresh Brioche bun. 12.

#### Choose your toppers:

Add sautéed onions, mushrooms or green peppers 1.  
Add bacon or cheese 2.



Gluten free bread & rolls available.

## LUNCH MENU

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## SALADS & SOUPS

**SALAD TOPPERS:** Blackened or Grilled Fresh Salmon or Rockfish 8, Fresh Maryland crab meat 8, Bacon 3, Blackened or Grilled Chicken 5, Roasted Turkey breast 5

### CHOPPED SALAD

Our classic keeps getting better! Romaine lettuce with tomatoes, egg, carrots, cucumber, sweet dried cranberries, Vermont cheddar cheese, roasted sun flower seeds, cashews and avocado. Served with ranch dressing. **GF** 14.

### TACO SALAD

Romaine lettuce, avocado slices, house salsa, shredded Vermont white cheddar cheese, topped with grilled chicken and all served in a freshly baked tortilla shell. House made buttermilk ranch dressing on the side. 13.

### GREEK SALAD

Fresh Romaine lettuce with Kalamata olives and black olives, pepperoncini peppers, red onions, feta cheese and vine ripened tomatoes. Served with our house made Greek dressing. **GF** 13.

### CREAM OF CRAB SOUP

cup 6. bowl 8.



## MAC & CHEESE BAR

Served with house made Penguin chips.

### MAMA'S MACARONI & VERMONT CHEDDAR

Our house made mac and cheese topped with cracker crumbs and baked golden brown. 12.

- Maryland lump crab 16.
- baked ham 14.
- bacon 14.
- grilled shrimp 16.
- grilled salmon 16.

## TACO BAR

All tacos served on gluten free corn tortillas with Vermont cheddar, avocado, seasoned lettuce, house salsa and Ancho Rancho sauce. Served with house made Penguin chips. Your choice of grilled or blackened.

### FRESH CATCH TACOS 16.

### SHRIMP TACOS 16.

### CHICKEN TACOS 16.

### FRESH SALMON TACOS 16.

### VEGGIE TACOS

Grilled spinach, mushrooms, seasoned lettuce, Vermont white cheddar, avocado, house salsa and Ancho Rancho sauce. 14.

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